



Rosary School

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NORTH ADELAIDE DISTRICT CROSS COUNTRY – SAPSASA TRIALS

Dear Parents and Caregivers

Students are invited to nominate for the North Adelaide District Cross Country Trials. Please find event details below.

Event Details

Date: Monday 24th May

Time: 12:15pm – 2:30pm

Location: Park 9, Bundeys Rd, North Adelaide.

Cost: \$5 entry fee (to be paid via the QKR application)

Transport: To be organised by parent or caregiver

Please note that Rosary School staff will not be in attendance. Students must be supervised by a parent or caregiver.

Event Information

The following information has been forwarded to us by event organisers. Please consider this information prior to placing a nomination.

- 6 students may be entered in each age group/gender
- Please ensure that your child can run the distance confidently. 10yr olds – 2km (2 laps of course), 11-13yr olds – 3km (3 laps of course).
- Runners **must** compete in their age group.
- Place getters in age events will receive 1st, 2nd, 3rd ribbons
- Students will not be timed, but names of the first 10 place getters will be taken for possible selection in the district team to compete at the School Sport SA State Cross Country Championships at Oakbank on **Thursday June 10th**
- The event goes ahead even if raining.
- This trial is only for competitive runners who want to be selected in the District Cross Country Team. There will not be a fun run held this year in an attempt to minimise numbers.
- Students who walk on the track may be removed from the race.

If more than 6 students nominate within an age group, a trial will need to be held during school time to identify our Rosary School representatives.

Please note that Rosary School will be entering the SACPSSA Cross Country Carnival in Term 3. All students will participate in this event. This event will focus on participation rather than talent identification.

Program – *exact times of events not available – races will be run in the following order.*

12:15 pm Walk the track
12:30 pm 10 Year old Boys (born 2011)
10 Year old Girls
11 Year old Boys (born 2010)
11 Year old Girls
12 Year old Boys (born 2009)
12 Year old Girls
13 Year old Boys (born 2008)
13 Year old Girls
2:30 pm Conclusion of day

Distances

Boys age group	Year of birth	distance	Girls age group	Year of birth	distance
10 years	2011	2000m	10 years	2011	2000m
11 years	2010	3000m	11 years	2010	3000m
12 years	2009	3000m	12 years	2009	3000m
13 years	2008	3000m	13 years	2008	3000m

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NORTH ADELAIDE DISTRICT CROSS COUNTRY NOMINATION FORM – 2021

Nominations close Tuesday 11th May

Student Name: _____ Class: _____

Parent/guardian name: _____

Parent/guardian signature: _____

Email: _____

Phone: _____

DOB: _____