

Family Lenten Journey



Monday



Tuesday



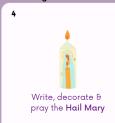
Wednesday



Thursday



Friday



Saturday



Sunday







Go to the Caritas website, Project Compassion 2022 & learn about <u>Anatercia</u>

MAKE A LENTEN JAR

Find a small jar to decorate & place in your sacred space



Find symbols for Lent & find out what they mean



Decorate a box to fill with items to donate to charity during Lent



Challenge yourself to go without sweets today





Prayerfully walk with the Stations of the Cross at your local parish church.





Write down how you've arown closer to Jesus this Lent. Place in the Lenten jar





Go to the Caritas website Project Compassion 2022 & learn about Biru



Find a need you can help with, in your family









18





20

PARABLE OF THE FIG TREE



21



22

Discuss a good deed you saw today



Go to the Caritas website, Project Compassion 2022 & learn about Janice



Do some research on the history of pretzels & Lent.

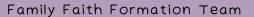




Do something kind for your parent(s) today









Family Lenten Journey



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Monday

28



Draw a symbol showing your forgiveness of someone.
Add it to your Lenten jar.

Tuesday

Go to the Caritas website,
Project Compassion 2022
8 learn about Rosalie



Wednesday

30

Discuss your favourite story about Jesus



Thursday

31



Add a stationery item to your box for charity

Friday

APRIL 1

Watch & pray Stations of the Cross



Saturday



Write a poem as you journey with Jesus on the Way of the Cross Sunday

3



C

Sit with God 8 reflect (0:40-1:32)



ect .

5

Share with a family member about what God means to them 6

13

Look up & read
1 Corinthians 13:4-7
As a family, reflect on what this verse means



7



Donate your box of goods you have collected Go to the Caritas website, Project Compassion 2022 & learn about Shaniella



Make a palm leaf cross for Palm Sunday



10 Palm Sunday

JESUS RIDES





11

Go out for a prayerful walk and find some sticks to create your own cross



12 HAVE YOU EVER WONDERED...

which are the three days of the Easter Triduum?



Challenge yourself to go without complaining today 4 The Lord's Supper



Faces of Easter VI Godly Play 15 Good Friday

Write a special prayer thanking Jesus for loving us. Add it to the Lenten jar



16 Holy Saturday

Light a candle 8 place on your prayer space. Pray The Lord's Prayer 8 Glory Be prayer as a family



Family Faith Formation Team

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For Lent & Holy Week Family Liturgies



Family Faith information & resources

2022