



Rosary School

AFTER SCHOOL SPORT POLICY

PREAMBLE

Sports activities offered at Rosary School are in accord with the UNESCO International Charter of Physical Education and Sport (2015) which states:

1.1 Every human being has a fundamental right to physical education, physical activity and sport without discrimination on the basis of ethnicity, gender, sexual orientation, language, religion, political or other opinion, national or social origin, property or any other basis.

1.2 The freedom to develop physical, psychological and social well-being and capabilities through these activities must be supported by all governmental, sport and educational institutions.

Boys and girls have a right not only to take part in sport, but also to participate at a level commensurate with each child's maturity and ability.

They have a right to:

- be treated with dignity
- have fun
- play as children, not as adults
- share in leadership and decision making
- participate in safe and healthy environments
- have equal opportunity to strive for excellence and to develop their talents to the full.

Sport can be defined as vigorous physical activity that, for the purposes of discovering the limits of one's capabilities, or for fun, amusement and diversion, involves competition against oneself or another, or a confrontation with natural elements.

GUIDELINES FOR DEVELOPING AFTER SCHOOL SPORT AT ROSARY SCHOOL

All children have the right to participate in an inclusive after school sports program. Rosary School encourages developmentally appropriate sports activities for all children.

- For Early Years (Reception – Year 2) children should access introductory skill based programs based on play activities and minor games before proceeding onto a more formal competition based sports.
- For Primary Years (Year 2-6) children, organised competitive sport is an excellent way to encourage an appreciation of physical activity, team building and playing games to socially agreed rules and procedures. It provides the opportunity for children to gain an insight into the role that sport plays in Australian society and provides a forum for social engagement with peers outside the classroom.

Sports that cater for young, growing and inexperienced students take into account:

- size of playing fields
- size, weight, suitability of equipment
- appropriate playing times
- modification of rules
- numbers in teams
- whether scores and records should be kept ie. premiership tables, the playing of finals, awards.

RESPONSIBILITIES OF THE SPORTS COMMITTEE

- The Sports Committee will consist of a parent co-ordinator for each sport, the Principal (or nominee) and other interested parents.
- The Sports Committee will assist with the election of a parent co-ordinator should more than one person nominate for the position. Any interested person is welcome to attend committee meetings.
- The Sports Committee will meet once a term (or more if the need arises) to oversee the range and scope of sports offered, to organise coming seasons, report on the present season, oversee equipment purchase and maintenance, behaviour management and finances.
- The meeting will be called by the Sports Committee Chairperson.
- The agenda, minutes and chair will be the responsibility of the Sports Committee Chairperson.
- The committee will decide on sports to be offered in consultation with interested parents. If there is insufficient interest and/or support from parents, then the sport will not be offered and parents and students will be informed.
- Each team will nominate a coach and team manager. It is expected that this will constitute a preparedness to be involved for the entire season.
- The Sports Committee shall inform all players, coaches and spectators of the expected codes of conduct (see appendices).
- The Sports Committee will provide a guide for the formation of teams being the number playing on the field, plus 50% of that number as substitutions (i.e. 5 players in basketball, plus 50% being 2.5 means a guide to the team being full is 8 players)
- Any dispute will be referred to the Sports Committee for resolution. The Sports Committee's decision will be final and binding on all parties.
- Participation by non-Rosary students will be at the discretion of the Sports Committee.
- The Principal should ensure that all team officials appointed by the school are registered school volunteers with a Catholic Clearance and provided with a copy of this policy.
- The Principal is legally responsible for the administration and supervision of school sport and sporting teams.

FINANCE & EQUIPMENT

- Out of School Hours Sport is funded by the families. The Sports Committee will liaise with the Business Manager who will manage parent initiated sports funds and associated expenditure.
- The cost for Out of School Hours Sport will cover expenses including: the cost of an end of year trophy/medal, administration costs, uniform levy, thank you gifts and the purchase of new equipment. Each co-ordinator will then formulate the overall levy for their sport in consultation with the Sports Committee. No child should be denied access through parent's inability to pay the fee (in which case the Principal should be informed to take appropriate action).
- Parent payments will be made using the QKR app.
- Any equipment purchased will be labelled and remain the property of the school.
- Sporting venues have public liability insurance and the school's Certificate of Currency is provided to venues as required. Participants play at their own risk.

CHILD PROTECTION

- All coaches, team managers and officials must have a current working with children check and Catholic Clearance.
- The Sports Committee, or a delegate of the Committee, must ensure that any person involved with the children has a current Catholic Clearance or is being supervised by a person with a current Catholic Clearance.

RESPONSIBILITIES OF PARENT VOLUNTEERS

- Employees, contractors and volunteers shall take reasonable care to protect his or her safety and to avoid adversely affecting the health or safety of others through any act or omission while engaged in these activities.
- To promote sensible attitudes towards competition and competitiveness which are compatible with positive learning experiences.
- Provide suitable supervision and coaching to allow for teams to play in after school hour competitions as appropriate.
- Observe a high level of care with students involved.
- Safety procedures will include:
 - Teaching appropriate safety skills and procedures for the sports played.
 - Regulating the duration and intensity of training to suit the needs of the group and prevailing weather conditions.
 - Ensuring that adequate protective equipment is available in sufficient quantity and is used both at training and matches.
 - Teaching skills appropriate to the age and maturity of students involved.
 - Maintaining grounds and facilities in a safe condition.
 - Inspecting playing surfaces and equipment, and cancelling matches or training where these are unsuitable or unsafe for play.
 - Eliminating specialisation in a position or sports activity where injury may result from overuse of specific body areas.
- To provide equal opportunity for involvement and to maximise participation for all students who wish to be involved by ensuring that an adequate and satisfying period of time on the court or field is provided for each student.
- To assist organisations and individuals to avoid the imposition of adult standards and values in junior sport.
- Notify parents of the schedule of training, match times and venues.
- Notify parents of changes to normal procedures. Ensure processes are in place to notify parents/ caregivers that training has been altered or cancelled, including last minute decisions.
- Take into account prevailing weather conditions when planning training sessions and matches.
- Eliminate activities and exercises which can be harmful.
- Encourage the use of a variety of activities in training sessions, understanding that an over emphasis on a specific exercise or skill movement can lead to loss of interest and injury.
- Schedule training sessions of no more than one (1) hour duration.
- Ensure that first aid, access to a phone and toilet facilities are available to teams using the school grounds after hours.
- To ensure that volunteers, players and spectators adhere to the After School Sport – Code of Conduct.
- Report any concerns to the Sports Committee or Principal.
- Team officials appointed by the school are provided with the following cover -
 - Voluntary workers personal accident cover through Catholic Church Insurance
 - Public liability insurance under the Archdiocesan group policy.

PARENTAL INVOLVEMENT AND RESPONSIBILITIES

- Schools should ensure that parental approval is obtained prior to a student's involvement in out of hours school sport training and matches.
- All parents should receive a copy of the After School Sport – Code of Conduct.

SUPERVISION

- It is the parents' responsibility to supervise children at training and games. Any car pooling or care arrangements are between parents and not the responsibility of the school, coach or team manager.

PARTICIPATION IN SPORTING COMPETITIONS

Schools should be sensitive to the needs of all children and seek flexible strategies for placing them at the most appropriate level of competition.

Sporting opportunities for Rosary School students:

Soccer	Reception – Year 6	St Clair Oval	Nominations Term 1
Netball	Year 2 – 6	St Clair Recreation Centre	Nominations Term 2 & 4
Basketball	Year 1 – 6	Mars Recreation Centre	Nominations Term 1 & 3
Cricket	Reception – Year 4	North Adelaide Football Club Oval	Nominations Term 3

BEHAVIOUR

- Schools are advised to detail expectations of behaviour and their support for team officials – See **After School Sport Coaches and Team Managers and Code of Conduct**.
- For serious misconduct during a game, officials should be empowered to remove the offender from the game.
- All negative behaviour should be reported to the Principal for further action as required.

AWARDS/GIFTS

It is appropriate, in line with the philosophy and policy of Catholic schools that:

- If awards are to be given, they should be for participation.
- A small gift, team photo, card could be presented to the coach and team manager by the children at the end of the season.
- It is not necessary to hold a special gathering for the end of the season. This is the prerogative of each team coach/ manager.

FIRST AID

- The Sports Committee will ensure that each team has access to an appropriate first aid kit for both training and matches at all venues.
- Parents or nominated carers are responsible for a child's first aid.

PRIVACY

- All activities are bound by the provisions of the Rosary School Privacy Policy. Whilst it is assumed that parents are giving authority to coaches and officials to use the children's first names in newsletters, full name in team sheets and general correspondence, no other such information should be shared without the express permission of the parents concerned.
- The taking of photographs is permitted. No photographs should be posted on the internet/social media. Please refer to Rosary School Social Media Guidelines.

This policy should be read in conjunction with the **After School Sport Coaches and Team Managers and Code of Conduct**

Signature: _____
(Principal)

Date: _____

Signature: _____
(Chairperson of School Board)

Date: _____